

1st & 2nd GRADE SOFTBALL RULES **(Coach Pitch)**

A. Field Dimensions - (To be played on T-Ball fields)

- The diamond will have fifty (50) foot base lines. Second base will be located 70 feet 9 inches from home plate to the back of 2nd base.
- The pitcher's mound will be thirty-two (32) feet from home plate.
- Left field and right field foul lines will be marked.
- The batter's box will be rectangular, six feet (6) by the three feet (3). The inside line will be parallel to and four inches away from the side of home plate. It must extend forward from the center of home plate 3 feet and to the rear.
- A six (6) foot diameter on deck circle will be provided for each team.
- Dugouts will be present at all fields. If not constructed, they will consist of a 5 x 20 foot rectangular area on the sideline for each team. All players must remain seated in this area when they are not playing.

B. Equipment

- Only baseball, soccer, or tennis type shoes can be worn. No metal cleats are allowed.
- Team shirts and hats must be worn by players while on the field.
- Each player must furnish their own glove.
- WAA provided batting helmets must be worn by players while batting, running bases, in on deck circles, and in the coaches box.
- Only official softball bats are allowed. ASA approved bats are recommended.
- An 11-inch "soft" softball, as provided by WAA, will be used during games and it will be supplied by the home team.
- All bases and pitching rubber will be provided by the home team.

C. Games

- Games will be 1:45 in length. No inning will start after the 1:45 time limit has been reached.
- All games will be scheduled for six (6) innings.
- Each half inning will consist of three (3) outs or four (4) runs which ever occurs first.
- The score will be kept, but standings will not be maintained.
- A regulation game, if called by darkness or weather, will be four (4) complete innings or, if the home team is ahead 3½ innings.
- The home team will always occupy the dug out on the 3rd base side of the field.
- Rescheduling games can be done by contacting the WAA office. Every attempt should be made to play the game as scheduled.

D. Positions

- The team on the field will consist of ten (10) players. First baseman, second baseman. Short-stop, third baseman, pitcher, catcher, and four (4) outfielders (left, left center, right, right center).
- Each player must play at least three (3) innings in the field.
- All players will bat and have a regular spot in the batting order.
- There is open substitution, however, each player must bat as scheduled within the line-up prepared before the game.
- No player may play more than two (2) innings at the same position. Every attempt should be made to balance each player's time between outfield and infield positions.
- Fielders must play in their designated position until the ball is hit, over-loading fielders to one side of the field is not allowed.
- Outfielders must all play in standard outfield positions and are not allowed to cover a base to gain a force out.

E. Batting

- A batter will be called out if he/she throws the bat.
- A strikeout will consist of three (3) strikes. A walk shall consist of four (4) balls.
- There will be no bunting.
- A batter is awarded 1st base when hit by a pitched ball.
- A dropped 3rd strike rule is not in effect.

F. Base Running

- All bases must be held until the ball is batted. There will be no lead offs or base stealing. If runners leave a base when a ball is hit foul, he/she will be required to completely return to the base and touch the base.
- Base runners must tag up on caught fly balls or they will be called out. The infield fly rule will not apply.
- A coach may decide, prior to the game, that a tee will be used after a third strike is thrown to the batter. Each coach may decide whether or not to invoke this rule and it is not necessary for both coaches to agree. If a coach chooses not to use the tee after the third strike, then the batter is out on strikes and must return to the dugout. If the Tee is being used, then after the 3rd strike an out is recorded and the tee is placed at home plate and the ball is put into play and play continues. If it is the third out, the play continues until the ball is dead and then the inning is over. Coaches are not to throw more than three (3) strikes to a batter under any circumstances including agreements between coaches prior to the start of a game.
- Sliding must be encouraged to avoid injury. A base runner will be called out for failing to slide or otherwise to avoid a collision.
- There is no:
 - Leading off
 - Stealing bases
 - Advancing on passed balls

G. Pitching

- Coaches will pitch the entire game. Rotation of coaches is permitted and encouraged during the game.
- Coaches must avoid pitching down to their own players. Coaches must pitch from one knee.
- The player at the pitching position when the coach is pitching will stand within three (3) steps to the side of the coach. Right-handed player will stand to the right and the left-handed player will stand to the left.
- The coach when pitching will wear a glove for protection.
- The coach must pitch underhand and at an appropriate speed.
- The catcher will be encouraged to throw the ball back to the player at the pitching position.
- The adult pitcher cannot walk in a run when the bases are loaded. The batter must either hit the ball into play or strike out in this situation. (Coaches should judge proper speed to throw in order to encourage hitting. Practice time is a good indicator for training).
- The adult pitcher cannot walk two (2) batters in a row, regardless of the number of runners on base. The batter must either hit the ball into play or strike out in this situation.
- The ball is considered dead if touched by the adult pitcher in any fielding situation. Adult pitchers are only allowed to pitch. The team member playing the pitching position is required to field the ball. If the adult pitcher touches the ball, the play must be repeated.

H. Coaching

- The batting team is allowed the following coaches; on deck coach, first base coach, and third base coach. All other coaches must remain within the dugout area and supervise the remaining players (both seated and immediate batters).
- The fielding team is allowed two coaches on the field, however, there must be one coach **of** the fielding team that remains within the dugout area to supervise the remaining players.
- The head coach is responsible for maintaining order on the sideline and keeping equipment and players seated behind the bench lines (dug out). Batting helmets and hats should be kept by the on-deck circle away from the dugout.
- All coaching must be positive and instructional, not vulgar, critical, or demeaning. Coaches who are abusive to players must be reported to the Area Manager, Coach Pitch Coordinator or Softball Director. Continued abusive behavior will not be tolerated.
- Coaches must stay cool. Don't embarrass yourself or WAA by creating a scene on the field. Set a good example of sportsmanship in all game situations.
- Any coaches who will not adhere to the WAA rules, policies and philosophy should plan on being a spectator.
- Coaches are not permitted to smoke or chew tobacco products during games or practices.

I. Umpires

- The home team will supply an umpire who will be positioned behind the pitcher's mound. The umpire's decision will be final unless both team coaches agree that an error in interpretation of the rules has been made.
- The Umpire is responsible for:
 - Determining when each play has ended and the ball is dead.
 - Calling fair and foul balls.
 - Calling all outs.
 - Determining base runner advancement on overthrows.
 - Calling balls and strikes.

3rd & 4th GRADE SOFTBALL RULES **(Player and Coach Pitch)**

A. Field Dimensions

- The diamond will have sixty (60) foot base lines.
- The pitchers plate will be thirty-two (32) feet from home plate.
- A six (6) foot diameter on deck circle will be provided for each team.
- Dugouts will be present at all fields. If not constructed they will consist of a 5 x 20 foot rectangle area on the sideline for each team. All players must remain seated in this area when they are not playing.
- Left field and right field foul lines will be marked.
- Second base will be located 70 feet 8 inches from home plate to the back of 2nd base.

B. Equipment

- Each player must furnish her own glove.
- Only tennis or soccer type shoes may be worn. No metal cleats are allowed.
- Team shirts and hats must be worn by players while on the field. Shirts must be tied at the waist or tucked in.
- Catchers must wear chest protector, shin guards, helmet with mask and throat protector as provided by WAA.
- WAA provided batting helmets must be worn by players while batting, running bases, in on deck circles, and in the coaches box.
- Only official softball bats are allowed. ASA approved bats are recommended.
- An 11-inch "soft" softball, as provided by WAA, will be used during games and it will be supplied by the home team.
- All bases and pitching rubber will be provided by the home team.

C. Games

- Games will be 1:45 in length. No inning will start after the 1:45 time limit has been reached.
- All games will be scheduled for six (6) innings.
- Each half inning will consist of three (3) outs or four (4) runs which ever occurs first.
- The score will be kept, but standings will not be maintained.
- A regulation game, if called by darkness or weather, will be four (4) complete innings or, if the home team is ahead 3½ innings.
- The home team will always occupy the dug out on the 3rd base side of the field.
- Rescheduling games can be done by contacting the WAA office. Every attempt should be made to play the game as scheduled.

D. Positions

- A team on the field will consist of ten (10) players. First baseman, second baseman, shortstop, third baseman, pitcher, catcher, and four (4) outfielders (left, left center, right center, right).
- A game can be played with as few as eight (8) players. If either team has less than 8 players, an attempt should be made to balance the teams so the game may be played.
- Each player must play at least three (3) innings in the field and must bat as scheduled within the lineup prepared before the game.
 - *Each player is given a batting position regardless if she plays in the field or sits out an inning.*
 - *Each player must have an opportunity to play infield and outfield in every game.*

- Except for the pitcher, a player may not play the same position for more than two (2) innings in a game.
- Fielders must play in their designated position until the ball is hit. Over loading fielders to one side of the field is not allowed.
- Outfielders must all play in standard outfield positions (on the grass where applicable) and are not allowed to cover a base to gain a force out.

E. Batting

- A batter will be called out if she throws the bat. The umpire's decision is final.
- One bunt per inning is allowed.
- A walk consists of 4 balls. A strike out will consist of 3 strikes.
- A batter is awarded 1st base when hit by a pitched ball.
- A dropped 3rd strike rule is not in effect.
- The strike zone is the space over any part of home plate between the batter's armpits and the top of her knees when she assumes a natural batting stance.

F. Base Running

- All bases must be held until the ball is batted.
- There will be no:
 - lead-offs
 - base stealing
 - advancing on passed balls
- Base runners must tag up on caught fly balls or they will be called out.
- The infield fly rule will not apply.
- On any infield overthrow the base runner may only advance one base and the ball will be considered dead.
- Sliding is encouraged to avoid injury. A base runner shall be called out for failing to slide and causing a collision.
- The umpire can rule the play dead if the ball comes in from the field and is then within a six foot radius of the pitching mound.

G. Pitching

- Players will pitch each inning until they have walked four (4) batters. At that time a coach must take the mound to finish the inning. (see section H. Modified Pitching).
- No individual player will pitch more than 3 innings per game and no more than 6 in a week. A week is considered Sunday to Sunday. This includes rescheduled games.
- A coach or assistant coach will pitch to his/her own team for the remaining portions of the game.
- The player at the pitching position, when the coach is pitching will stand within 2 steps to the side of the coach. Right handed player to the right, left handed player to the left.
- The coach, when pitching, will wear a glove for protection.
- The coach will pitch underhand and at approximately the same speed as that of the players.
- The catcher will be encouraged to throw the ball back to the player at the pitching position.
- The adult pitcher cannot walk in a run with the bases loaded. The batter must either hit the ball into play or strike out in this situation.
- The adult pitcher cannot walk 2 batters in a row, regardless of the number of runners on base. The batter must either hit the ball into play or strike out in this situation.
- Any ball touched by the adult pitcher is dead, considered no play.

H. Modified Pitching

- Pitchers will take a position with both feet on the ground and in contact with the pitchers

- plate.
- The pitcher will hold the ball in both hands for not less than one (1) second and not more than ten (10) seconds before releasing it. A legal pitch will be a ball, which is delivered to the batter with an underhand motion. The pitch should be released at a moderate to fast speed.
- The pitcher may take the ball behind the back on the back swing.
- The ball must not be outside the pitcher's wrist on the downward motion and during the complete forward delivery.
- On the forward swing of the pitching arm, the elbow must be locked at point of release.
- The shoulders and driving hip must be squared to home plate when the ball is released.
- The release of the ball must be on the first forward swing of the pitching arm past the hip.
- The release must have a complete smooth follow through, with no abrupt stop of the arm near the hip.
- The pitch is completed with a step forward toward home plate and simultaneous with the delivery of the ball to the batter.
- The pitcher may use any windup desired, provided:
 - She does not continue to wind up after releasing the ball.
 - She does not pitch behind their back or between their legs.
 - It is a continuous motion.
 - No sling shot deliveries.
 - Windmill is permitted.

I. Coaching

- The batting team is allowed a 1st base coach, 3rd base coach and an on deck coach.
- The fielding team is allowed one coach on the field. All other coaches must remain within the dugout area and supervise the remaining players.
- The head coach is responsible for maintaining order on the sideline and keeping equipment and players seated behind the bench lines (dug out).
- All coaching must be positive and instructional, not vulgar, critical or demeaning. Coaches who are abusive to players must be reported to the Area Manager, Parent Pitch Soft Ball Coordinator, or Softball Director. Continued abusive behavior will not be tolerated.
- Set a good example of sportsmanship in all game situations.
- Any coaches who will not adhere to WAA rules, policies and philosophy will be asked to step aside for the remainder of the season.
- Coaches are not permitted to smoke or chew tobacco products during games or practices.

J. Umpire

- One umpire will be scheduled and provided by the league.
- The umpires' decision is final. THERE WILL BE NO PROTESTS.
- Softball rules for modified play will prevail where not previously stated or replaced herein.
- If league umpires are not present each team will furnish one adult umpire. The field and plate umpires will alternate positions after 3 field innings. In this situation the plate umpire will call balls and strikes from behind the pitcher.

5th & 6th GRADE SOFTBALL RULES

A. Field Dimensions

- The distance between bases will be sixty (60) feet going from home to first and so on. The distance from home to second base will be eighty-four feet ten inches. (84' 10")
- The pitchers plate will be thirty-five (35) feet from home plate. The mound will have an eight (8) foot radius. A pitchers plate will be used.
- A six (6) foot diameter on deck circle will be provided for each team and will be situated no closer than fifteen (15) feet from both the foul line and away from home plate so that the on deck circle is in between.
- Dugouts will be present at all fields. If not constructed, they will consist of a 5 x.20 foot rectangle area where each team must stay while not on the playing field. It will be located fifteen (15) feet from the foul line and away from home plate so that the on deck circle is in between.
- The batters box will be rectangular, six (6) by three (3) feet. The inside line will be parallel to and four (4) inches away from the side of home plate. It must extend forward from the center of home plate three (3) feet and to the rear.

B. Equipment

- Each player must furnish her own glove.
- No metal cleats are allowed. Baseball or soccer type shoes are encouraged.
- WAA will provide the players shirt, hat and stir up socks.
- Players must provide their own white baseball pants or shorts.
- WAA provided hats/visors must be worn on the field. All shirts must be tied at the waist or tucked in.
- WAA provided batting helmets must worn by players while in the on deck circle, batting, running the bases and the coach's box.
- Only authorized SOFTBALL BATS will be allowed. ASA approved bats are recommended.
- The home team will supply a twelve (12) inch "Soft" softball as provided by WAA.
- The home team will supply the bases and pitching plate.
- The catcher must wear a mask with throat protector, shin guards, chest protector with a protective flap, and a catcher's helmet as provided by WAA.

C. Games

- Games will be 1:45 in length. No inning will start after the 1:45 time limit has been reached.
- All games will be scheduled for six (6) innings. A seventh (7th) inning can be played if the game is tied after six (6) innings and the overall time limit has not been exceeded.
- Each half inning will consist of three (3) outs or four (4) runs which ever occurs first.
- The score will be kept, but standings will not be maintained.
- A regulation game, if called by darkness or weather, will be four (4) complete innings or, if the home team is ahead 3½ innings.
- The home team will always occupy the dug out on the 3rd base side of the field.
- Rescheduling games can be done by contacting the WAA office. Every attempt should be made to play the game as scheduled.

D. Positions

- A team on the field will consist of ten (10) players: First baseman, second baseman, shortstop, third baseman, pitcher, catcher, and four (4) outfielders (left, left center, right center, right).

- A game can be played with as few as eight (8) players. If either team has less than 8 players, an attempt should be made to balance the teams so the game may be played.
- Each player must play at least three (3) innings in the field and must bat as scheduled within the lineup prepared before the game.
 - *Note: Each player is given a batting position regardless if she plays in the field or sits out an inning.*
 - *Each player must have an opportunity to play infield and outfield in every game.*
- Except for the pitcher, a player may not play the same position for more than two (2) innings in a game.
- Fielders must play in their designated position until the ball is hit. Over loading fielders to one side of the field is not allowed.
- Outfielders must all play in standard outfield positions (on the grass where applicable) and are not allowed to cover a base to gain a force out.

G. Pitching

- Players will pitch each inning until they have walked four (4) batters. At that time a coach may take the mound to finish the inning. This is not required and is left to the coach's discretion. (see section H. Modified Pitching).
- No individual player will pitch more than three (3) innings per game and no more than seven (7) in a week. An inning is considered any inning in which the player makes a pitch. A player may pitch a fourth (4th) inning during a game if a seventh (7th) inning is required. A week is considered Sunday to Sunday. This includes rescheduled games.
- The player at the pitching position, when the coach is pitching will stand within 2 steps to the side of the coach. Right handed player to the right, left handed player to the left.
- The coach, when pitching, will wear a glove for protection.
- The coach will pitch underhand and at approximately the same speed as that of the players.
- The catcher will be encouraged to throw the ball back to the player at the pitching position.
- The adult pitcher cannot walk in a run with the bases loaded. The batter must either hit the ball into play or strike out in this situation.
- The adult pitcher cannot walk 2 batters in a row, regardless of the number of runners on base. The batter must either hit the ball into play or strike out in this situation.
- Any ball touched by the adult pitcher is dead, considered no play.

E. Modified Pitching

- Pitchers will take a position with both feet on the ground and in contact with the pitchers plate.
- The pitcher will hold the ball in both hands for not less than one (1) second and not more than ten (10) seconds before releasing it. A legal pitch will be a ball that is delivered to the batter with an underhand motion. The pitch should be released at a moderate to fast speed.
- The pitcher may take the ball behind the back on the back swing.
- The ball must not be outside the pitchers wrist on the downward motion and during the completed forward delivery.
- On the forward swing of the pitching arm, the elbow must be locked at point of release.
- The shoulders and driving hip must be squared to home plate when the ball is released.
- The release of the ball must be on the first forward swing of the pitching arm past the hip.
- The release must have a complete smooth follow through, with no abrupt stop of the arm

- near the hip.
- The pitch is completed with a step forward toward home plate and simultaneous with the delivery of the ball to the batter.
- The pitcher may use any windup desired, provided:
 - She does not continue to wind up after releasing the ball.
 - She does not pitch behind their back or between their legs.
 - It is a continuous motion.
 - No sling shot deliveries.
 - Windmill is permitted.

F. Batting

- A batter will be called out if she throws the bat. The umpire's decision is final.
- One bunt per inning is allowed.
- A walk consists of 4 balls. A strike out will consist of 3 strikes.
- A batter is awarded 1st base when hit by a pitched ball.
- A dropped 3rd strike rule is not in effect.
- The infield fly rule will be in effect.
- The strike zone is the space over any part of home plate between the batter's armpits and the top of her knees when she assumes a natural batting stance.

G. Base Running

- All bases must be held until the ball crosses reaches the catcher.
- Runners may advance on a passed ball. Only one base can be advanced on each passed ball. Runners cannot advance home on a passed ball.
- Runners are allowed to steal bases but cannot advance home on a steal. When attempting to steal, the runner cannot leave the base they occupy until the ball reaches the catcher. No runner can advance home on an attempted steal. Do not teach or encourage the runners to leave their base early.
- Base runners must tag up on caught fly balls or they will be called out.
- The infield fly rule will apply.
- On any infield overthrow the base runner may only advance one base and the ball will be considered dead.
- Sliding is encouraged to avoid injury. A base runner shall be called out for failing to slide and causing a collision.
- The umpire can rule the play dead if the ball comes in from the field and is then within a six foot radius of the pitching mound.

H. Coaching

- The batting team is allowed a 1st base coach, 3rd base coach and an on deck coach.
- The fielding team is allowed one coach on the field. All other coaches must remain within the dugout area and supervise the remaining players.
- The head coach is responsible for maintaining order on the sideline and keeping equipment and players seated behind the bench lines (dug out).
- All coaching must be positive and instructional, not vulgar, critical or demeaning. Coaches who are abusive to players must be reported to the Area Manager, Parent Pitch Soft Ball Coordinator, or Softball Director. Continued abusive behavior will not be tolerated.
- Set a good example of sportsmanship in all game situations.
- Any coaches who will not adhere to WAA rules, policies and philosophy will be asked to step aside for the remainder of the season.
- Coaches are not permitted to smoke or chew tobacco products during games or practices.

I. Umpire

- Umpires will be scheduled and provided by the league.
- The umpire is responsible for:
 - Determining when each play has ended and when the ball is dead.
 - Calling fair and foul balls.
 - Calling all outs.
 - Calling balls and strikes.
 - Determining base runner movement.
- Rules interpretation, are not to be argued on the field. The umpire has the final say. A review process will be set up post season to make corrective actions for the future.
- If league umpires are not present, each team will furnish one adult umpire. The field and plate umpire will alternate after 3 full innings. In this situation, balls and strikes will be called from behind the pitcher.
- Amateur Softball Association (ASA) Softball rules for modified play will prevail where not previously stated or replaced herein.

7th & 8th GRADE SOFTBALL RULES

A. Field Dimensions

- The distance between bases will be sixty (60) feet going from home to first and so on. The distance from home to second base will be eighty-four feet ten inches. (84' 10")
- The pitchers plate will be forty (40) feet from home plate. The mound will have an eight (8) foot radius. A pitchers plate will be used.
- A six (6) foot diameter on deck circle will be provided for each team and will be situated no closer than fifteen (15) feet from both the foul line and away from home plate so that the on deck circle is in between.
- Dugouts will be present at all fields. If not constructed, they will consist of a 5 x.20 foot rectangle area where each team must stay while not on the playing field. It will be located fifteen (15) feet from the foul line and away from home plate so that the on deck circle is in between.
- The batters box will be rectangular, six (6) by three (3) feet. The inside line will be parallel to and four (4) inches away from the side of home plate. It must extend forward from the center of home plate three (3) feet and to the rear.

B. Equipment

- Each player must furnish her own glove.
- No metal cleats are allowed. Baseball or soccer type shoes are encouraged.
- WAA will provide the players shirt, hat and stir up socks.
- Players must provide their own white baseball pants or shorts.
- WAA provided hats/visors must be worn on the field. All shirts must be tied at the waist or tucked in.
- WAA provided batting helmets must worn by players while in the on deck circle, batting, running the bases and the coach's box.
- Only authorized SOFTBALL BATS will be allowed. ASA approved bats are recommended.
- The home team will supply a twelve (12) inch softball as provided by WAA.
- The home team will supply the bases and pitching plate.
- The catcher must wear a mask with throat protector, shin guards, chest protector with a protective flap, and a catcher's helmet as provided by WAA.

C. Games

- Games will be 1:45 in length. No inning will start after the 1:45 time limit has been reached.
- All games will be scheduled for six (6) innings. A seventh (7th) inning can be played if the game is tied after six (6) innings and the overall time limit has not been exceeded.
- Each half inning will consist of three (3) outs or four (4) runs which ever occurs first.
- The score will be kept, but standings will not be maintained.
- A regulation game, if called by darkness or weather, will be four (4) complete innings or, if the home team is ahead 3½ innings.
- The home team will always occupy the dug out on the 3rd base side of the field.
- Rescheduling games can be done by contacting the WAA office. Every attempt should be made to play the game as scheduled.

D. Positions

- A team on the field will consist of ten (10) players: First baseman, second baseman, shortstop, third baseman, pitcher, catcher, and four (4) outfielders (left, left center, right center, right).
- A game can be played with as few as eight (8) players. If either team has less than 8 players, an attempt should be made to balance the teams so the game may be played.

- Each player must play at least three (3) innings in the field and must bat as scheduled within the lineup prepared before the game.
 - *Each player is given a batting position regardless if she plays in the field or sits out an inning.*
 - *Each player must have an opportunity to play infield and outfield in every game.*
- Except for the pitcher and catcher, a player may not play the same position for more than two (2) innings in a game. Players can play the catcher position for up to three (3) innings per game.
- Fielders must play in their designated position until the ball is hit. Over loading fielders to one side of the field is not allowed.
- Outfielders must all play in standard outfield positions (on the grass where applicable) and are not allowed to cover a base to gain a force out.

G. Pitching

- Players will pitch each inning until they have walked five (5) batters. At that time a coach may take the mound to finish the inning. This is not required and is left to the coach's discretion. (see section H. Modified Pitching).
- No individual player will pitch more than four (4) innings per game and no more than eight (8) in a week. An inning is considered any inning in which the player makes a pitch. A player may pitch a fifth (5th) inning during a game if a seventh (7th) inning is required. A week is considered Sunday to Sunday. This includes rescheduled games.
- The player at the pitching position, when the coach is pitching will stand within 2 steps to the side of the coach. Right handed player to the right, left handed player to the left.
- The coach, when pitching, will wear a glove for protection.
- The coach will pitch underhand and at approximately the same speed as that of the players.
- The catcher will be encouraged to throw the ball back to the player at the pitching position.
- The adult pitcher cannot walk in a run with the bases loaded. The batter must either hit the ball into play or strike out in this situation.
- The adult pitcher cannot walk two (2) batters in a row, regardless of the number of runners on base. The batter must either hit the ball into play or strike out in this situation.
- Any ball touched by the adult pitcher is dead, considered no play.

E. Modified Pitching

- Pitchers will take a position with both feet on the ground and in contact with the pitchers plate.
- The pitcher will hold the ball in both hands for not less than one (1) second and not more than ten (10) seconds before releasing it. A legal pitch will be a ball that is delivered to the batter with an underhand motion. The pitch should be released at a moderate to fast speed.
- The pitcher may take the ball behind the back on the back swing.
- The ball must not be outside the pitchers wrist on the downward motion and during the completed forward delivery.
- On the forward swing of the pitching arm, the elbow must be locked at point of release.
- The shoulders and driving hip must be squared to home plate when the ball is released.
- The release of the ball must be on the first forward swing of the pitching arm past the hip.
- The release must have a complete smooth follow through, with no abrupt stop of the arm near the hip.
- The pitch is completed with a step forward toward home plate and simultaneous with the delivery of the ball to the batter.

- The pitcher may use any windup desired, provided:
 - She does not continue to wind up after releasing the ball.
 - She does not pitch behind their back or between their legs.
 - It is a continuous motion.
 - No sling shot deliveries.
 - Windmill is permitted.

F. Batting

- A batter will be called out if she throws the bat. The umpire's decision is final.
- One bunt per inning is allowed.
- A walk consists of 4 balls. A strike out will consist of 3 strikes.
- A batter is awarded 1st base when hit by a pitched ball.
- A dropped 3rd strike rule is not in effect.
- The infield fly rule will be in effect.
- The strike zone is the space over any part of home plate between the batter's armpits and the top of her knees when she assumes a natural batting stance.

G. Base Running

- All bases must be held until the ball leaves the pitchers hand.
- Runners may advance on a passed ball. Only one base can be advanced on each passed ball. Runners cannot advance home on a passed ball.
- Runners are allowed to steal bases but cannot advance home on a steal. When attempting to steal, the runner cannot leave the base they occupy until the ball leaves the pitcher's hand. No runner can advance home on an attempted steal. Do not teach or encourage the runners to leave their base early.
- Base runners must tag up on caught fly balls or they will be called out.
- The infield fly rule will apply.
- On any infield overthrow the base runner may only advance one base and the ball will be considered dead.
- Sliding is encouraged to avoid injury. A base runner shall be called out for failing to slide and causing a collision.
- The umpire can rule the play dead if the ball comes in from the field and is then within a six foot radius of the pitching mound.

H. Coaching

- The batting team is allowed a 1st base coach, 3rd base coach and an on deck coach.
- The fielding team is allowed one coach on the field for the first three games. All other coaches must remain within the dugout area and supervise the remaining players.
- The head coach is responsible for maintaining order on the sideline and keeping equipment and players seated behind the bench lines (dug out).
- All coaching must be positive and instructional, not vulgar, critical or demeaning. Coaches who are abusive to players must be reported to the Area Manager, Parent Pitch Soft Ball Coordinator, or Softball Director. Continued abusive behavior will not be tolerated.
- Set a good example of sportsmanship in all game situations.
- Any coaches who will not adhere to WAA rules, policies and philosophy will be asked to step aside for the remainder of the season.
- Coaches are not permitted to smoke or chew tobacco products during games or practices.

I. Umpire

- Umpires will be scheduled and provided by the league.
- The umpire is responsible for:

- Determining when each play has ended and when the ball is dead.
 - Calling fair and foul balls.
 - Calling all outs.
 - Calling balls and strikes.
 - Determining base runner movement.
- Rules interpretation, are not to be argued on the field. The umpire has the final say. A review process will be set up post season to make corrective actions for the future.
- If league umpires are not present, each team will furnish one adult umpire. The field and plate umpire will alternate after 3 full innings. In this situation, balls and strikes will be called from behind the pitcher.
- Amateur Softball Association (ASA) Softball rules for modified play will prevail where not previously stated or replaced herein.